



Family Owned and Operated Like Your Pharmacy



Dear Valued Customer,

A while ago, a joke circulated on the internet, "Life is short. Smile while you still have teeth." What seems funny to those not struggling with diabetes, is serious business to the diabetic.

People with diabetes are at a higher risk of gum disease and tooth decay. According to the [American Dental Association](#) (ADA), periodontal disease, a gum disease that can cause tooth loss, affects 22% of all diabetics.

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you
know?

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The Diabetic Merry-Go-Round

So many things in a diabetic's life feel like a continuous merry-go-round. Without proper dental hygiene, gum problems can cause blood sugar counts to rise. When blood sugar rises, there's an increase in the potential for more serious gum problems. It goes round and round.

How blood sugar levels affect teeth

The [American Diabetes Association](#) notes that people with diabetes are at higher risk for oral health problems such as:

- Gingivitis (an early stage of gum disease)
- Periodontitis (serious gum disease)
- Thrush (an infection caused by a fungus that grows in the mouth)
- Dry mouth (causes soreness, ulcers, infections, and cavities)
- Tooth decay (cavities)

The higher a diabetic's blood sugar level, the higher their risk of having one of the above.

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Proper Diabetic Dental Care

For the diabetic, advanced gum disease (periodontitis), is considered one of the many complications.

Steps for Better Dental Health:

1. The first step for every diabetic is to make a commitment to closely manage their diabetes. Good blood sugar control will help their body fight any bacterial or fungal infections.
2. Make their dentist and hygienist aware of their diabetes and the medications they take. Remind the dentist every time they visit.
3. Brush their teeth at least twice a day. Dentists recommend using a soft-bristle brush, brushing up and down rather than side to side, and brushing for two minutes at a time.
4. Floss their teeth at least once daily.
5. Don't smoke. Diabetes and smoking are both considered risk factors for periodontitis.
6. Postpone any non-emergency dental procedures if their blood glucose is not under good control.
7. See the dentist for regular check-ups at least twice a year.
8. Always report signs of gum disease such as redness, swelling, and bleeding gums, to their dentist. Also mention any other signs and symptoms, such as dry mouth, loose teeth, or mouth pain.

Linked 

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We'll Help You Make a Difference

Your diabetic customers struggle with so many health issues. Together, your independent pharmacy and Ixthus Medical Supply can help diabetics have more control over their health.

Since 1968, we've been offering the same personal service you do. Whether it's one-on-one assistance, great prices, or a kind and encouraging word, Ixthus is following your lead.

Stock up on glucose monitors, test strips, insulin syringes, and other diabetic equipment. Our Wholesale pricing lets you pass the savings on to your customers.

Contact us and let us know how we can be of assistance.



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"Be joyful in hope, patient in affliction, faithful in prayer."

Romans 12:12

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Product Highlights



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